



RPC – Tug Hill Region  
Jefferson – Lewis – St. Lawrence

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*ADULT HCBS PROVIDER DIRECTORY*

*TUG HILL SEAWAY RPC REGION*

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RPC – Tug Hill Region  
Jefferson – Lewis – St. Lawrence

**ADULT HCBS PROVIDER CONTACT LIST**

<b>Home and Community Based Services</b>	<b>Jefferson</b>	<b>Lewis</b>	<b>St. Lawrence</b>
<i>Community Psychiatric Support and Treatment (CPST)</i>	1, 3	3	
<i>Psychosocial Rehabilitation (PSR)</i>	1, 3, 4, 6	4	3, 5
<i>Habilitation</i>	3, 6		3, 5
<i>Family Support and Training</i>	3, 4, 6	3, 4	3, 5
<i>Short Term Crisis Respite</i>			5
<i>Intensive Crisis Respite</i>			
<i>Pre-Vocational</i>	2, 4, 6	4	5, 7
<i>Transitional Employment</i>	2		
<i>Intensive Supported Employment</i>			7
<i>Ongoing Supportive Employment</i>	2, 4, 6	4	7
<i>Education Support Services</i>	6		
<i>Empowerment Services / Peer Supports</i>	4, 6	4	5



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- 1) Children’s Home of Jefferson County (CHJC)  
Contact: Jennifer Barlow Ph: (315) 777-9731  
email: [jbarlow@nnychildrenshome.com](mailto:jbarlow@nnychildrenshome.com)
- 2) Jefferson Rehabilitation Center (JRC)  
Contact: Sandy Petrillose Ph: (315) 836-1408  
email: [sjpetrillose@jeffrehabcenter.org](mailto:sjpetrillose@jeffrehabcenter.org)
- 3) North Country Transitional Living Services of Northern New York Inc. (TLS)  
Contact: Dari Frezzo Ph: (315) 870-2656  
email: [dfrezzo@tlsnny.com](mailto:dfrezzo@tlsnny.com)
- 4) Northern Regional Center for Independent Living Inc. (NRCIL)  
Contact: Aileen Martin Ph: (315) 785-8703  
email: [aileenm@nrcil.net](mailto:aileenm@nrcil.net)
- 5) Standing Together Effectively For People By Standing Together Effectively for People, Inc. (STE)  
Contact: David Bayne Ph: (315) 394-0597  
email: [mindwork@ne.twcbc.com](mailto:mindwork@ne.twcbc.com)
- 6) The Mental Health Association in Jefferson County, Inc (MHA)  
Contact: Ed Thomas Ph: (315) 788-0970  
email: [ethomas@mhajc.org](mailto:ethomas@mhajc.org)
- 7) St. Lawrence NYSARC (SLNYSARC)  
Contact: Francis Mcdougal Ph: (315) 379-0441  
email: [fmcdougal@slnysarc.org](mailto:fmcdougal@slnysarc.org)

Source (current as of February 2019): <https://apps.omh.ny.gov/omhweb/bho/docs/ros-designation-list.xlsx>



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### Adult Health Home Providers

#### Central New York Health Homes

Main Contact: Jane Vail, 315–624–9670 Ext. 2858 [jane.vail@cnyhealthhome.net](mailto:jane.vail@cnyhealthhome.net)  
 Alternate Contact: Kim Pecor, 315–624–6907 Ext. 2856 [kimberly.pecor@cnyhealthhome.net](mailto:kimberly.pecor@cnyhealthhome.net)  
 Referral Contact: Dana Blazosky, 315-624-9670 Ext. 2860 [dana.blazosky@cnyhealthhome.net](mailto:dana.blazosky@cnyhealthhome.net)  
 Referral Contact: Janelle Luley, 315–797–7249 Ext. 2861 [janelle.luley@cnyhealthhome.net](mailto:janelle.luley@cnyhealthhome.net)  
 Member Referral Contact: 315–797–7249  
*Serving Jefferson, Lewis and St. Lawrence Counties*

#### St. Joseph’s Care Coordination

Primary Contact: Eric Stone, 315–726–7169 [Eric.Stone@sjhsyr.org](mailto:Eric.Stone@sjhsyr.org)  
 Alternate Contact: Colleen Schindler, 315–703–2466 [colleen.schindler@sjhsyr.org](mailto:colleen.schindler@sjhsyr.org)  
 Referral Contact: Eric Stone, 315–726–7169 [Eric.Stone@sjhsyr.org](mailto:Eric.Stone@sjhsyr.org)  
 Referral Contact: Colleen Schindler, 315–703–2466 [colleen.schindler@sjhsyr.org](mailto:colleen.schindler@sjhsyr.org)  
*Serving Lewis County*

#### Adirondack Health Institute, Inc. (AHI)

Primary Contact: Ann Hutchinson, 518–480–0111 Ext. 427 [ahutchison@ahihealth.org](mailto:ahutchison@ahihealth.org)  
 Alternate Contact: Jessica Robertson, 518–480–0111 Ext. 404 [jrobertson@ahihealth.org](mailto:jrobertson@ahihealth.org)  
 Referral Contact: Courtnie Palmer, 518-480-0111 Ext. 411 [cpalmer@ahihealth.org](mailto:cpalmer@ahihealth.org)  
 Referral Contact: Tamera Monroe, 518-480-0111 Ext. 402 [tmonroe@ahihealth.org](mailto:tmonroe@ahihealth.org)  
 Member Referral Number: 866–708–2912  
*Serving St. Lawrence County*

### MCO PROVIDER LIST

MCO Provider	Counties Served	Contact Information
Fidelis Care New York	Jefferson, St. Lawrence, Lewis	Megan Woodward, Phone: (718) 906-0890 Email: MWoodward1@fideliscare.org.
United Healthcare Community Plan	Jefferson, St. Lawrence, Lewis	Karin Moberg Coffin, Senior Network Phone: (763) 732-8811 Email: karin.mobergcoffin@optum.com.
MVP Health Plan	Jefferson, Lewis	Angela Vidile Phone: (914) 372-2091 Email: avidile@mvphealthcare.com.